IMH Research News

A publication brought to you by the Research Division, Institute of Mental Health │ Nov 2023 – Jan 2024

The Singapore Health & Biomedical Congress (SHBC), 12 - 13 October 2023

The SHBC is NHG's big healthcare event that's been going on for 20 years, bringing together thousands of people from various fields to improve healthcare in Singapore. The theme this year was "**Transforming for a Healthier Population**."

Let's give a big shout-out to the amazing individuals who have earned the following awards!

Silver - Singapore Nursing Award & Best Poster Award (Nursing)

Ms Chen Birong, Department of Nursing

Singapore Nursing Award

Study Title: The Impact of the Number of Previous Illness Episodes on Outcome in Electroconvulsive Therapy (ECT) in Psychosis, Mania, Depression, Psychotic depression, and Catatonia: A naturalistic transdiagnostic analysis
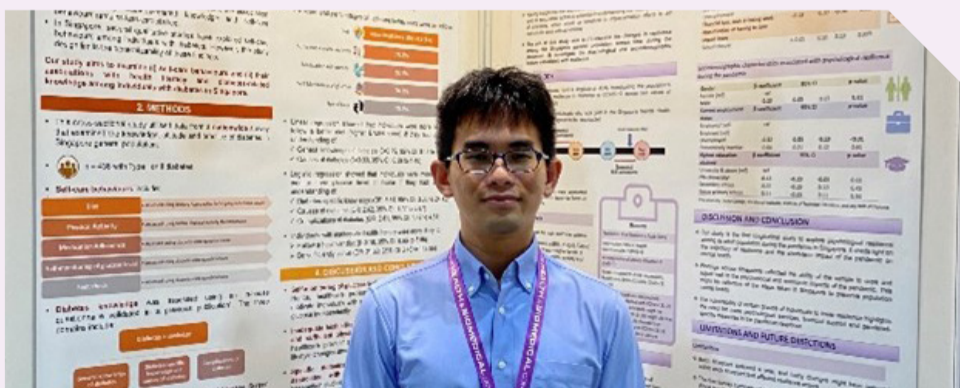
Study Aim: The aim of the study is to investigate the relationship between the number of previous illness episodes and the symptomatic improvement after acute ECT treatment.

Best Poster Award (Nursing)

Study Title: Use of Electroconvulsive Therapy in Adolescents in Singapore

Study Aim: The study aims to describe the indications for ECT in adolescents and compare their symptom, cognition, and quality of life outcomes.

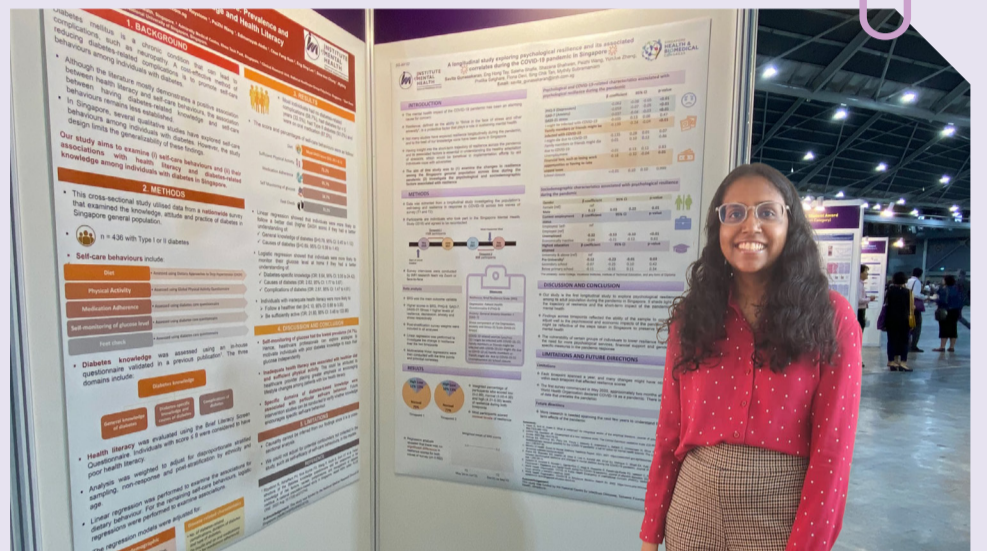### Merit - Singapore Allied Health Award

Mr Koh Yen Sin, Research Division

Study Title: Diabetes Self-Care Behaviours in Singapore: Prevalence and Associations with Diabetes Knowledge and Health Literacy

Study Aim: To examine (i) self-care behaviours and (ii) their associations with health literacy and diabetes related knowledge among individuals with diabetes in Singapore.
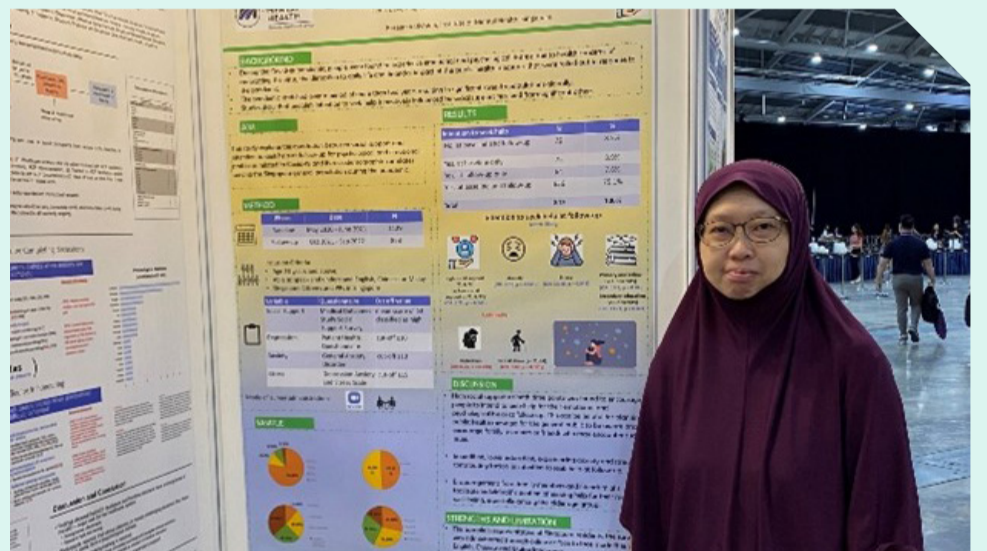
Bronze - Singapore Allied Health Award

Ms Savita D/O Gunasekaran, Research Division

Study Title: A longitudinal study exploring psychological resilience and its associated correlates during the COVID-19 pandemic in Singapore

Study Aim: The aim of the study was to examine the changes in resilience among the Singapore general population across time during the pandemic and to investigate the sociodemographic and psychological factors associated with resilience in this population.

Merit – Health Services Research Award

Ms Saleha Binte Shafie, Research Division

Study Title: Social support and intention to seek help among the general population in Singapore during Covid-19 pandemic

Study Aim: This study explores the association between social support and intention to seek help at follow-up for psychological and emotional problems related to Covid-19 and its sociodemographic correlates among the Singapore general population during the pandemic.

✉ **Contact us : IMHRESEARCH@imh.com.sg**

IMH Research News

A publication brought to you by the Research Division, Institute of Mental Health │ Nov 2023 – Jan 2024

Merit - Singapore Nursing Award

Ms Tay Jing Ling, Department of Nursing

Study Title: Comprehensive Development and Content Validation of a Psychiatric Curriculum for Advanced Practice Nurse Interns

Study Aim: To describe the development and the content validation of a psychiatric curriculum for APN-interns within a psychiatric hospital in Singapore.

Merit - Singapore Nursing Award

Ms Li Ziqiang, Department of Nursing

Study Title: Examining the Use of The Columbia - Suicide Severity Rating Scale in Suicide Screening in Emergency Mental Health Setting

Study Aim: To evaluate the sensitivity and specificity of the CSSRS in identifying suicidal risk.

NHG Awards Ceremony 2023 - NHG Lifetime Achievement Award

Kudos to Prof Chong Siow Ann for clinching the prestigious NHG Lifetime Achievement Award!

This award recognises NHG healthcare professionals who have made significant and impactful contributions for NHG in the span of their entire healthcare career, particularly in elevating the quality of healthcare services for the benefit of the Singapore Community and beyond.

Thank you Prof Chong for your unwavering dedication and hard work through the years as a clinician, scientist and educator!

Contact us : IMHRESEARCH@imh.com.sg